

WHAT TO EXPECT AFTER SURGERY

The information below offers a general overview of what to anticipate after surgery. It is important to note that recovery can vary from person to person, and it is contingent on the specific procedure you've had. You will be receiving detailed and customized postoperative instructions at the surgery center following your procedure.

- ***Swelling, Bleeding and Bruising:***

Swelling, light bleeding and bruising are common and can last for a few days to a couple of weeks. Applying cold compresses can help control the bleeding and reduce swelling.

- ***Discomfort:***

Some discomfort, mild pain, or tightness is normal. Your surgeon may recommend over-the-counter pain relievers, such as Tylenol.

- ***Stitches and Bandages:***

If non-dissolvable stitches are used, they will typically be removed in 7-14 days. You may also have steri-strip bandages that will fall off on their own or removed at your first follow-up.

- ***Rest:***

It's crucial to rest with your head elevated, especially in the first few days, to minimize swelling.

- ***Avoidance of Activities:***

You should avoid strenuous activities, bending, lifting heavy objects, and activities that could increase blood pressure for a specified period as advised by your surgeon.

- ***Eye Drops or Eye Ointment:***

Your surgeon may prescribe eye drops and/or eye ointment to use after eyelid surgery.

- ***Follow-up Appointments:***

You'll have follow-up appointments to monitor your progress.

- ***Healing Time:***

Complete healing and the results may take several weeks to months. The exact timeline varies among individuals and the type of surgery.

- ***Scarring:***

The incisions are typically well-concealed, but some scarring may be initially visible. It usually fades over time.

- ***Makeup and Contact Lenses:***

You should avoid wearing makeup around the eyes and using contact lenses for up to two weeks following an eyelid procedure.