

Patient's Name: \_\_\_\_\_

Date of Procedure: \_\_\_\_\_

### **Stent Removal + Probe and Irrigation with Nasal Endoscopy**

#### **Purpose of the Procedure**

- Remove the soft silicone stent placed during your initial surgery.
- Evaluate the tear drainage system by gently probing the duct and flushing with sterile saline.
- Use a nasal endoscope to visualize the internal duct opening within the nasal cavity and confirm proper healing.

#### **Pre-Procedure Instructions**

- **You may eat and drink normally** the morning of your appointment.
- **Take all your usual medications** unless otherwise advised by your provider.
- **You may drive yourself** to and from the appointment—no sedation or general anesthesia will be used.

#### **What to Expect During the Procedure**

- **Location:** The procedure is performed at **Heron Rock Surgery Center**.
- **Anesthesia:** Numbing eye drops (Tetracaine) will be used to ensure your comfort. You may feel mild pressure but no sharp pain.
- **Stent Removal:** The small stent placed during your lacrimal surgery will be gently extracted.
- **Probing and Irrigation:** A fine probe will be passed through the tear duct to check for openness, followed by a flush of sterile saline.
- **Nasal Endoscopy** – A slender nasal endoscope will be inserted through the nostril to directly visualize the internal duct opening and surrounding anatomy.
- The procedure typically takes **10–15 minutes** and is well tolerated.

#### **After the Procedure**

- Mild tearing, a slight nosebleed, or nasal drainage may occur and usually resolves within a few hours.
- Some patients report temporary eye irritation or pressure.
- You may resume **normal activities immediately** following the procedure.
- If you are using **eye drops**, continue them as directed by your provider.
- A follow-up appointment may be scheduled to reassess healing and long-term tear duct function.

#### **When to Contact the Office**

- Persistent or worsening eye pain
- Significant or prolonged bleeding
- Thick yellow or green discharge
- Fever, chills, or a general feeling of illness