

## LIST OF MEDICATIONS TO AVOID BEFORE AND AFTER SURGERY

The products listed below interfere with blood clotting and can complicate or make your surgery impossible. Please follow the outlined instructions to discontinue these products as directed.

\*\*\*If you are taking Prescription blood thinners such as **COUMADIN, PLAVIX, XARELTO, ELIQUIS**, you must consult with your primary care physician or cardiologist for specific instructions on discontinuing and resuming these medications.

***The following should be stopped 2 weeks prior and 2 weeks after your surgery, unless advised otherwise:***

- Alka-Seltzer
- Anacin
- Arthritis Formula
- Arthritis Bufferin
- Ascriptin
- Aspergurr
- Aspirin
- Bayer Products
- BC tablets
- Darvon Compound
- Dristan
- Ecotrin
- Emprin
- Equagesic
- Excedrin
- Fiorinal
- Midol
- Momentum
- Os-Cal Gesic
- Phenergan
- Robaxisal
- Sine-Aid
- Sine-Off
- Soma Compound
- Synalgos
- Talwin Compound
- Triaminicin
- Trilisate
- Vanquish

***Avoid the following foods, drinks and herbal supplements 2 weeks prior and 2 weeks after your surgery:***

- Alcoholic Beverages (including wine)
- Vitamin E
- Fish Oil
- Garlic, Ginger, Horseradish, Green Tea, Chamomile, Quinine (Tonic Water)
- Ginko Biloba, Ginseng, St. John's Wort, Feverfew, Dong Quai

***The following should be stopped 1 week prior and 1 week after your surgery:***

(Trade Name/Generic Name)

- Advil, Motrin / Ibuprofen
- Aleve, Anaprox, Naprosyn, Naprelan /Naproxen
- Ansaïd /Flurbiprofen
- Anturane / Sulfinpyrazone
- Bextra /Valdecoxib
- Butazolidin / Phenylbutazone
- Celebrex / Celecoxib
- Clinoril / Sulindac
- Dolobid /Diflunisal
- Feldene/ Piroxicam
- Indocin / Indomethacin
- Lodine/ Etodolac
- Macrochantin / Nitrofurantoin
- Mobic / Meloxicam
- Nalfon /Fenoprofen
- Orudis/Oruvail /Ketoprofen
- Persantine / Dipyridamole
- Relafen / Nabumetone
- Ticlid / Ticlopidine
- Tolectin /Tolmetin
- Toradol / Ketorolac
- Voltaren / Diclofenac